








ORTHODOX MEDICINE


## ORT




CONTRADICTIONS (eg STRICT.BUT.FAIR/LOVING.SMACKS)
MANIPULATIONS ( eg NOW.BE.A.GOOD.BOY.AND.DO.AS.DADDY.SAYS)
DECEPTIONS ( eg PRAISE.YOUR.CHILD.AND.(S)HE.WILL.GET.A.BIG.HEAD)

SOPHISTRY (eg PRACTICE.MAKES.PERFECT)

EXPEDIENCY ( eg THE.ENDS.JUSTIFY.THE.MEANS) ...rationalises revenge

RATIONALISING
RELATIVIZATION
MINIMIZATION/TRIVLALIZATION
NTELLECTUALIZATION
NORMALIZATION
IDEALIZATION

DIS -game : discredit, disbelieve, disqualify, dismiss, distance, disown, destroy.

HARDENED SURFACE = veneer of civilisation; manners, etiquette etc

## CHILD

BRICKS $=$ Authority Figure Talk, most of it Deadening(DAFT)


MORTAR $=$ fear and ignorance(ignorance $=$ unawareness $)$

BRICK WALL = our false self (via blind obedience to authority)

> HEART = our true, natural, enthusiastic, spontaneous self
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INFANT

## REALISATION

CURIOSITY

SPONTANEITY

A SOURCE OF TRUTH/INSPIRATION
VITALITY
INTUITION

## UNIQUENESS

CREATIVITY SNCERTTY

## How a minority (enough) act with

 impunity over a majority (you and me)1. What are the reaction(s) to the stimulus of fear?

Flight and fight...but first the freeze reflex (we "jump"). A reflex is independent of the will. Therefore we will do it anyway. Unwittingly, our guardians condition this into obedience to authority. It is induced by our BUSY.BUSY.BUSY. environment with its CONSEQUENCES. And identified by DAFT.

Yes, research and THE.REAL.WORLD, say that we will kill another human being (26/40). Especially, if someone else is flicking the switch (37/40); even if two peers object and refuse to take any further part and without punishment for their "defiance" (4/40). who is strapped into an electric chair, makes a mistake.
Would you administer : a small amount of electricity? a lethal amount (ie 450 volts)?
3. "Practice makes $\qquad$ " (clue : per $\qquad$ $t)$
4. Define exposure (for example, to acid)

Human freeze reflex to fear bypasses the will. Incorporate this with exploitation of obedience to authority within various hierarchies (eg Finance, Religion, Education, Science, Orthodox Medicine)...

Examples of the above, but these atrocities are visible and create opposition of the will after the event (ie they are challenged)...so...

Practice this reflex so it becomes permanent, but do it covertly...

Lower the strength and time length but increase the frequency to have a similar effect, also making it less detectable...


So, by understanding and exploiting human behaviour you can eventually control the human race...

## Appendix 1

Tow most of us are raised and what we come to believe because of that instruction has more to do with how we were "programmed" to fit our iociety's expectations of us than' it does with how we might have been prepared to contribute. This programming or conditioning (imprinting) jegins early and influences everything we are exposed to or experience. Because of this people seldom become creative abstract thinkers capable of independent thought until their middle years, if then. This programmed bias operates like "thought guards" that ensure the majority never stray too far from "that which is acceptable."
(Complete Idiot's Guide to Near Death Experiences. P.M.H. Atwater)

## Deadening Authority Figure Talk (D.A.F.T)

Complementary Thought Police / Alternatives

Znough plausible thought police-unwittingly, direct sur attention away from the truth. We pressurise each ther into being NORMAL. So become aware of the jften covert controlling content behind these words.
jome rapid, reaction, general purpose DAFT :

IVERYBODY.ELSE.DOES.IT-PERFECTLY. vORMAL.(NOTHING.UNUSUAL)
[HEY.WOULDN'T.DO.THAT.WOULD.THEY?

## INFORMATION.SOURCES.ACCURATE/FILTERED/TAMPERED.WITH? WHAT.AM.I.TRUSTING.AND.FOR.WHAT.PURPOSE? AM.I.BEING.MADE.TO.FEEL.FRIGHTENED,ANGRY.OR.EXCITED? WHO.BENEFITS?...WHAT'S.MISSING?..WHY?...WHY.NOT?.. WHERE.IS.MY.ATTENTION(BEING.DIRECTED) - SYMPTOMS.OR.CAUSES?

## vOTHING.TO.WORRY.ABOUT. ?ROBABLY.JUST.A.COINCIDENCE

 [HAT'S.UNBELIEVEABLEWhy not everyone? Especially if they have had access to the same filtered information source. Note the balancing thought police in the form of "CAN.IT?" that barely get a look in at the end. SURELY.NOT.EVERYONE? - no, just enough will do (see Q7). In a misused hierarchy where malevolence masquerades as benevolence, enough isn't very many at all.

There may be coincidences, but could it be an opportunity (synchronicity) for you to learn something from this? Especially, from unpleasant experiences.
The root meaning of believe is "replacing"-not "think" as per common usage (see Religion). Are you sure your thoughts haven't been replaced by someone elses? Have you considered the (tampered?) information sources these beliefs come from? They can create a reality you think is your own, but in fact belongs to another. Then without knowing it you can make yourself vulnerable to a malevolent authority appearing as benevolent.

Common usage of "Normal" is ...? Acceptable, OK, right. And if it's right then anything that isn't is wrong. Who says ? On what basis? What happened to natural and unnatural? And also civilised and primitive?
Who are they and why not? Who benefits if they do? Could/would they GET.AWAY.WITH. IT? And what are you going to do about it, even if you could? If a critical number of people (enough) are required to change it, then be wary.

AND.WHAT.DO.YOU.SAY.THEN?
PLEEEASE.AND.THANK.YOU

BIG.BOYS.DON'T.CRY (see also : YOU'LL.TURN.INTO.A.HARD.COW/BITCH)

CHARACTER-BUKLDING

## CON

CONSPIRACY.THEORY

DISCIPLINE

DON'T.PRAISE.YOUR.CHILD.OR.
(S)HE.WILL.GET.A.BIG.HEAD

EVERYTHING.IS.THE.PREY.OF.DEATH (ie WAR)
FAMILLARITY.BREEDS.CONTEMPT
FLAT.EARTH.SOCIETY

HUMAN.NATURE

Please and thank you because I am asking for/recognising the intended act of kindness of others towards me. (Not blackmail because : YOU'LLGET.NOTHING.IF.YOU.DON'T. YOU.LITTLE.SO.AND.SO.)
Spat at a young child as a threat to withdraw love ; which it does at the same time. Young children are not big boys. Besides big boys do cry. When they continually bottle up such feelings they can become volcanic and (emotionally/physically murderous.) (36)

Soul destroying
Created Out of Nothing.
Hidden Agenda. Theories do not kill people. People planning together in secret to commit harmful or unlawful acts? Ask the police, and the victims of crime.
Mastery of your will, by yourself. Neither mastery of someone else's will nor punishment as per common usage.

Be specific about unconditional (that is, no ifs or buts) praise to your child. Recognise their efforts (37). Give lots of it - it is mental and emotional nourishment. It takes an effort to be specific - more so if you haven't been shown an example when you were a child.
"Nothing is the prey of death, everything is the prey of life" Antoine Bechamp (38)
Predictability breeds contempt? Familiarity dulls the newness increasing a sense of security.
If your theories and mathematics do not match the experiment, then they are wrong.
(Professor Richard P. Feynman. Nobel Laureate Physics 1988)
Or is it human conditioning? (ie human "NORMAL")
In Latin norma means "square", the carpenter's square. Until the 1830's the English word
"normal" meant standing at a right angle to the ground. During the 1840's it came to designate conformity to a common type. In the 1880's in America it came to mean the usual or condition not only of things but of people. (Limits to Medicine. Ivan Illich)
Humiliation.
Bowing is honoring yourself and the divine creative force that lives within. It is a humble act, but all too often people confuse humility'and humiliation.
Humility means understanding that you are a worthwhile and valuable person who is part of a greater whole.....Humiliation is giving up our will to another human be in g, falsely assuming that the person is our higher power.

## '.UP.STRAIGHT/KEEP.A.STRAIGHT.BACK

 CKS.AND.STONES.MAY.BREAK.MY.BONES. T.WORDS.WILL.NEVER.HURT.MERICT.BUT.FAIR<br>E.ENDS.JUSTIFY.THE.MEANS

## E.FACT.OF.THE.MATTER.... form of

 RVEYING/SURVEYSTwo attack formations. One is : no matter what disaster (intensive learning experience) THERE.IS.ALWAYS.SOMEONE. WORSE.OFF.THAN.YOU-despite your four broken legs. WORSE.THINGS.HAPPEN.AT.SEA...YOU'RE.MAKING.A.MOUNTAIN.OUT.OF.A.MOLE.HILL. The second compares us with ourselves acting to trivialise: WELL.LOOK.ON.THE.BRIGHT.SIDE.IT.COULD.HAVE.BEEN.YOUR.NECK. Both deny our pain and feelings, blocking the pathway to healing. Other trivialisations include: Needle therapy for Acupuncture; Hypnosis for Mind Control; Media horoscopes for Astrology; Sorcery for Tarot. Tools that may help/hinder.
Maintain the natural curvature of the spine. Alexander Technique instructive here.
Who has not been hurt by being labelled/called names? Note the sell" up front in the saying.

Strict means obedient and denies feelings. Fairness includes feelings.
So use violence against violence... and you get twice the violence. Eventually, the physical violence is held in check with the threat of further violence. It is an uneasy truce that we are deceived into labelling peace, while awaiting the correct detonator to return to violence. I should think that the product I am today ought not to prove thrashings are no good, and only produce responses of vengeance and violence...What you feel is anger, resentment, and most of all, a determination somehow to get your own back. But being deterred? The idea never gets a look in.
(The Courage of his Convictions. Tony Parker / Robert Allerton)
You take out of it (the survey), what you want. And by implication, leave out what you don't want. A skewed picture often backed up by statistical significance.

## U.CAN.BELIEVE.WHAT.YOU.WANT.TO.BELIEVE <br> THE.END.YOU.CAN.BELIEVE.WHAT.YOU.LIKE)

## U'LL.TURN.INTO.A.HARD.COW/BITCH :BIG.BOYS.DON'T.CRY)

## U.CANNOT.CHANGE.THE.PAST

 UR.ELDERS.AND.BETTERSNot if your information sources have been tampered with. See Michael Roll $(2+2=3)$ and Roy Sheppard quotes.

Equivalent emotional blackmail to a girl as she tries to express frustration and anger. Likely to undermine her ability to assert herself appropriately in later life. Note the imbalancing repression of male energy (assertion) in the female form.

True. But no excuse not to learn from it and change the way we feel about it.
An example of practice makes perfect. Just because someone is older doesn't mean they are better. It would be hoped that something would have been learnt by then to suggest so.

## UR.FACE.DOESN'T.FIT

suggestible, you think DAFT. You demand what the authority figures want you to
demand. And, if they are malevolent, what they have already planned for.
















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 associated with reactions. Includes
hippocampus, amygdala, hypothalamus. Appendix 2
3. The FRONTAL LOBES associated with responses.
The left side more linked to logic and reason.
The right side to intuition, creativity, vision.
Access to truth and wisdom.
2. The LIMBIC SYSTEM or "emotional brain"

