CONTRADICTIONS (e.g., STRICT BUT FAIR / LOVING SMACKS)
MANIPULATIONS (e.g., NOW BE A GOOD BOY AND DO AS DADDY SAYS)
DECEPTIONS (e.g., PRAISE YOUR CHILD AND (S)HE WILL GET A BIG HEAD)
SOPHISTRY (e.g., PRACTICE MAKES PERFECT)
EXPEDIENCY (e.g., THE ENDS JUSTIFY THE MEANS)...

RATIONALISING:
- RELATIVIZATION
- MINIMIZATION/TRIVIALIZATION
- INTELLECTUALIZATION
- NORMALIZATION
- IDEALIZATION

DIS-game: discredit, disbelieve, disqualify, dismiss, distance, disown, destroy.

HARDENED SURFACE = veneer of civilization; manners, etiquette etc.

DISTANCE CREATED BETWEEN SUBJECT AND VICTIM LESSENS SUBJECT'S DISOBEEDIENCE

BRICKS = Authority Figure Talk; most of it Deadening (DAFT)

GAPS = expression of true feelings

MORTAR = fear and ignorance (ignorance = unawareness)

BRICK WALL = our false self (via blind obedience to authority)

HEART = our true, natural, enthusiastic, spontaneous self

IDEOLOGICAL JUSTIFICATION FOR WILLING OBEDIENCE

REALISATION
- CURIOSITY
- SPONTANEITY
- A SOURCE OF TRUTH/INSPIRATION
- VITALITY
- INTUITION
- UNIQUENESS
- CREATIVITY
- SINCERITY
- DISCERNMENT
1. What are the reaction(s) to the stimulus of fear?  
Flight and fight...but first the freeze reflex (we “jump”). A reflex is independent of the will. Therefore we will do it anyway. Unwittingly, our guardians condition this into obedience to authority. It is induced by our BUSY, BUSY, BUSY, environment with its CONSEQUENCES. And identified by DAFT.  

2. You have volunteered to take part in a study of memory. You are instructed by an experimenter to administer increasing amounts of electric shock every time a “learner”, who is strapped into an electric chair, makes a mistake. Would you administer:  
a small amount of electricity?  

3. “Practice makes __________”  
(see: per __________)  

4. Define exposure  
(for example, to acid)  
Exposure = strength x time length x no. of times  

5. There is no surer way to make someone behave like a (eg moron) and that is to ________ ________ like a (eg moron)  
There is no surer way to make someone behave like a (eg slave) and that is to treat them like a (eg slave)  
Maintain the permanence by induction (keep treating them like eg slaves)…inducing us into being NORMAL (eg 2 + 2 = 3)  

6. “It is true that you can fool some of the people all of the time and even fool all of the people some of the time, but you ________________”  
(Abraham Lincoln)  
It is true that you can fool some of the people all of the time and even fool all of the people some of the time, but you ________________  
(in order to fool all of the people all of the time, you only need to fool enough of the people enough of the time)  
And remember you only have to do it enough times to enough people, or enough of the time, or any combination of these that is enough, to in effect, have control of the whole…  

7. Thought creates ________  
Thought creates reality. And so does belief.  

---  

So, by understanding and exploiting human behaviour you can eventually control the human race...
Appendix 1

How does it feel to understand that most of us are raised and what we come to believe because of that instruction has more to do with how we were "programmed" to fit our society's expectations of us than it does with how we might have been prepared to contribute. This programming or conditioning (imprinting) begins early and influences everything we are exposed to or experience. Because of this people seldom become creative abstract thinkers capable of independent thought until their middle years, if then. This programmed bias operates like "thought guards" that ensure the majority never stray too far from "that which is acceptable." (Complete Idiot's Guide to Near Death Experiences. P.M.H. Atwater)

Deading Authority Figure Talk (D.A.F.T.)

enough plausible thought police—unwittingly, direct our attention away from the truth. We pressurise each other into being NORMAL. So become aware of the often covert controlling content behind these words.

some rapid, reaction, general purpose DAFT:

T. CAN'T. BE. CAN. IT? SURELY. NOT. EVERYONE?

NOTHING TO WORRY ABOUT. PROBABLY, JUST A COINCIDENCE

THAT'S UNBELIEVABLE

EVERYBODY ELSE DOES IT. PERFECTLY. NORMAL (NOTHING UNUSUAL)

THEY WOULDN'T DO THAT. WOULDN'T THEY?

AND WHAT DO YOU SAY THEN? PLEASE AND THANK YOU

BIG BOYS DON'T CRY (see also: YOU'LL TURN INTO A HARD COW/BITCH)

CHARACTER BUILDING

CON

CONSPIRACY THEORY

DISCIPLINE

DON'T PRAISE YOUR CHILD OR (SHE WILL GET A BIG HEAD)

EVERYTHING IS THE PREY OF DEATH (ie WAR)

FAMILIARITY BREEDS CONTEMPT

FLAT EARTH SOCIETY

HUMAN NATURE

HUMILITY MY BOY!

Complementary Thought Police / Alternatives

INFORMATION SOURCES, ACCURATE FILTERED TAMPERED WITH?

WHAT AM I TRUSTING AND FOR WHAT PURPOSE?

AM I BEING MADE TO FEEL FRIGHTENED, ANGRY, OR EXCITED?

WHO BENEFITS? WHAT'S MISSING? WHY? WHY NOT?

WHERE IS MY ATTENTION (BEING DIRECTED) - SYMPTOMS OR CAUSES?

Why not everyone? Especially if they have had access to the same filtered information source. Note the balancing thought police in the form of "CAN IT?" that barely get a look in at the end. SURELY NOT EVERYONE? - no, just enough will do (see Q7). In a misused hierarchy where malveillance masquerades as benevolence, enough isn't very many at all. There may be coincidences, but could it be an opportunity (synchronicity) for you to learn something from this? Especially, from unpleasant experiences.

The root meaning of believe is "replacing"—not "think" as per common usage (see Religion). Are you sure your thoughts haven't been replaced by someone else? Have you considered the (tampered?) information sources these beliefs come from? They can create a reality you think is your own, but in fact belongs to another. Then without knowing it you can make yourself vulnerable to a malevolent authority appearing as benevolent.

Common usage of "Normal" is ...? Acceptable, OK, right. And if it's right then anything that isn't wrong. Who says? On what basis? What happened to natural and unnatural? And also civilised and primitive?

Who are they and why not? Who benefits if they do? Could/should they GET AWAY WITH IT? And what are you going to do about it, even if you could? If a critical number of people (enough) are required to change it, then be wary.

Please and thank you because I am asking/receiving the intended act of kindness of others towards me. (Not blackmail because: YOU'LL GET NOTHING IF YOU DON'T. YOU LITTLE SO AND SO.) Spat at a young child as a threat to withdraw love; which it does at the same time. Young children are not big boys. Besides big boys do cry. When they continually bottle up such feelings they can become volcanic and (emotionally/physically murderous.) (36) Soul destroying.

Created Out of Nothing.

Hidden Agenda. Theories do not kill people. People planning together in secret to commit harmful or unlawful acts? Ask the police, and the victims of crime. Mastery of your will, by yourself. Neither mastery of someone else's will nor punishment as per common usage.

Be specific about unconditional (that is, no ifs or buts) praise to your child. Recognise their efforts (37). Give lots of it - it is mental and emotional nourishment. It takes an effort to be specific - more so if you haven't been shown an example when you were a child.

"Nothing is the prey of death, everything is the prey of life" Antoine Bechamp (38)

Predictability breeds contempt? Familiarity dulls the newness increasing a sense of security.

If your theories and mathematics do not match the experiment, then they are wrong. (Professor Richard P. Feynman. Nobel Laureate Physics 1988)

Or is it human conditioning? (ie human "NORMAL")

In Latin norma means "square", the carpenter's square. Until the 1830's the English word "normal" means standing at a right angle to the ground. During the 1840's it came to designate conformity to a common type. In the 1880's in America it came to mean the usual or condition not only of things but of people. (Limits to Medicine. Ivan Illich)

Humiliation:

Bowing is honoring yourself and the divine creative force that lives within. It is a humble act, but all too often people confuse humility and humiliation. Humility means understanding that you are a worthwhile and valuable person who is part of a greater whole... Humiliation is giving up our will to another human being in g. falsely assuming that the person is our higher power.

(The Eight Human Talents. Gurmukh.)
LATIVISING

Two attack formations. One is: no matter what disaster (intensive learning experience) THERE IS ALWAYS SOMEONE WORSE OFF THAN YOU—despite your four broken legs, WORSE THINGS HAPPEN AT SEA... YOU'RE MAKING A MOUNTAIN OUT OF A MOLE HILL.

The second compares us with ourselves acting to trivialise: WELL LOOK ON THE BRIGHT SIDE IT COULD HAVE BEEN YOUR NECK. Both deny our pain and feelings, blooding the pathway to healing. Other trivialisations include: Needle therapy for Acupuncture; Hypnosis for Mind Control; Media horoscopes for Astrology; Sorcery for Tarot. Tools that may help hinder.

'.UP.STRAIGHT/KEEP.A.STRAIGHT.BACK

Checks and stones may break my bones. Words will never hurt me.

Strict means obedient and denies feelings. Fairness includes feelings.

So use violence against violence... and you get twice the violence. Eventually, the physical violence is held in check with the threat of further violence. It is an uneasy truce that we are deceived into labelling peace, while awaiting the correct detonator to return to violence.

I should think that the product I am today ought not to prove thrashings no good, and only produce responses of vengeance and violence... What you feel is anger, resentment, and most of all, a determination somehow to get your own back. But being deterred? The idea never gets a look in.

(The Courage of his Convictions. Tony Parker / Robert Allerton)

1. The Frontal Lobes associated with language, ideation and part of the thalamus and hypothalamus
2. The basal ganglia - includes hypocomplexes, amygdala, hypothalamus, basal nuclei and basal ganglia. Decks with basic emotions like pain, pleasure, fear and anger.
3. Appendix 2: Very simplified explanation of brain function

By creating suitable environments or situations that provide you with the authority figures want you to suggest, you think DAPT. You demand what the authority figures want you to demand. And, if they are not violent, what they have already planned for.

Reactions can be conditioned (O) but there are also psychic or conditioned reflexes.

Options include: "You're my alone..." and "Keep your own feelings. We have different feelings and you have different feelings. We're different individuals. It's only right that we're different."

By counting the steps associated with emotions, we find the limbic system and the thalamus.

When we become alarmed, anxious or excited we fill our frontal lobes, symbolically disconnected. We are now faced with the liminal system and the freeze, fight or flight. Options include: You're alone... and it's just you, one man, one man..." and "One man, one man..."

The right side is involved in logic with responses.

The red side involves imagination, vision, pleasure, fear and anger.

The grey areas are with the limbic system - includes hypocomplexes, amygdala, hypothalamus, basal nuclei and basal ganglia.